The Lemon Grove REVIEW

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  'Black Rain'

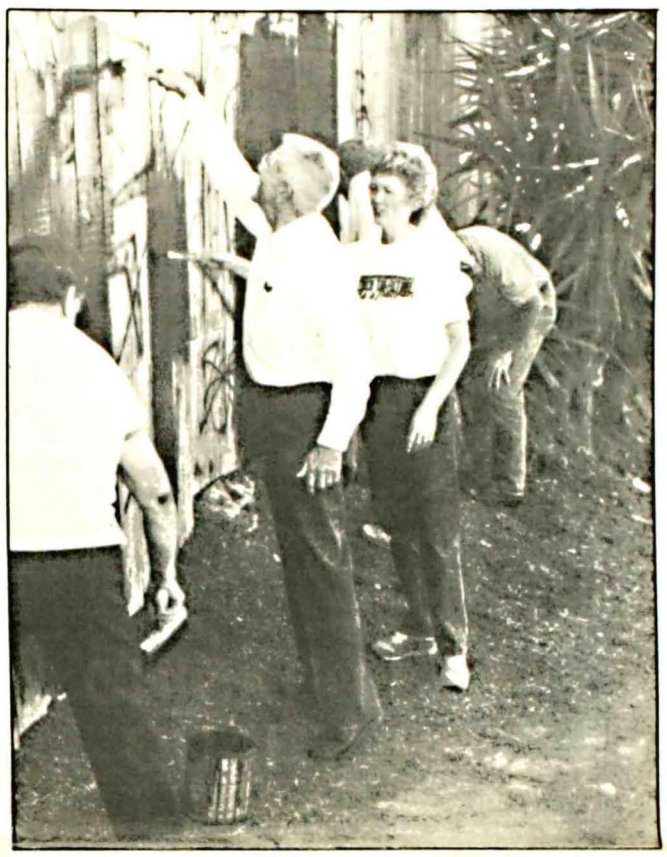
Spring Valley graffiti project begins

With a little political fanfare and an earnest effort by several volunteers from the Spring Valley Chamber of Commerce, the Spring Valley Graffiti Eradication Project got under way last Saturday morning. Led by Captain Jim Roache of the Lemon Grove Sheriff's Station, the group of Chamber volunteers tackled a concrete block wall, several wooden fences, and three commercial buildings which were covered with graffiti.

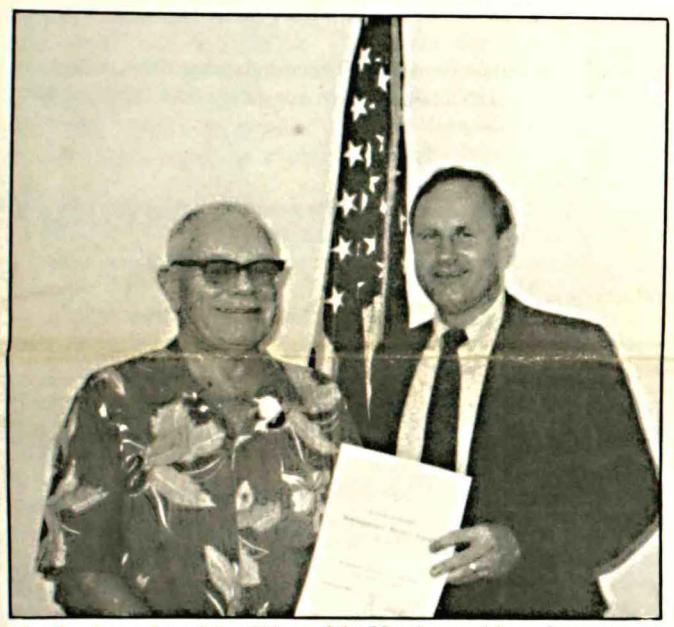
At eleven, there was a break for a media "ride along." Captain Roache and Supervisor George Bailey took representatives from the media, community leaders, representatives from participating agencies, and service groups who have volunteered to paint during the 13-week project, on a bus tour of graffiti-covered areas. At one point, the bus stopped in front of a graffiti-covered wall and gang specialists pointed out the various names and symbols of the gangs and gang members (most of whom are well-known to the Sheriff's Department.)

The tour was followed by brief speeches by Captain Roache and Supervisor Bailey, both of whom stressed that the project would become a battle of wills, and that the community must be willing to paint and re-paint until the gangs get tired. After the brief speeches and refreshments served by the Rasmussens (representing the Sunshine Club and the Spring Valley Community Center Booster Club), the Chamber volunteers and a few new volunteers–including Supervisor Bailey and his assistant, Dianne Jacobs–headed out to tackle one more fence. Of course the media was on hand to dutifully record the historic moments for TV news and newspapers.

Captain Roache has set up a graffiti hotline number for members of the community to report graffiti. The number is 441-4737, and is attached to an answering machine for your convenience.



Supervisor George Bailey and assistant Diane Jacob help volunteers paint out graffiti.



Don Lockwood receiving Citizen of the Month award from Congressman Jim Bates.

Bates selects Lockwood Citizen of the Month

Congressman Jim Bates announced his selection of Donald Lockwood as the Forty-Fourth Congressional District's Citizen of the Month for Lemon Grove.

Don Lockwood was born in Rochester, New York on April 7, 1916, and he spend much of his early life there. Don received his education in New York, including courses in printing, graphic arts and lithography. The printing business has been a large part of his life for 33 years.

From 1943 to 1945, Don temporarily left his career in printing to volunteer to serve in the Army during World War II. Don was in the 36th Division Infantry in Europe.

In 1959, Don came to California where he initially worked in Pasadena. Then, in 1975, he moved to San Diego County and made the city of Lemon Grove his home.

Since Don has been in Lemon Grove, he has spent a great deal of his time working with children. For four years, from 1984 to 1988, he was a volunteer and a teacher's aide at Golden Avenue Elementary. He has also volunteered as an escort for several years at the Recreation Department in Lemon Grove.

Don is actively involved with seniors in Lemon Grove. He has been doing volunteer work for the Nutrition Program for seven years. Don is responsible for taking the Valley/Grove Newsletter to the printer and picking them up. He also collates, staples, folds and addresses them.

Don is a member of the Veterans of Foreign Wars (VFW) Post #2082 in Lemon Grove. There he works in commodity distribution on a monthly basis.

He also maintains memberships in Disabled American Veterans (DAV) and Retired Senior Volunteers Program (RSVP).

Don has four children; two girls and two boys, nine grandchildren and five great-grandchildren.

Dolphins help cancer patients cope

Since Matt Cooper, 17, an East County resident, was diagnosed with cancer five years ago, he's been in and out of Children's Hospital for chemotherapy, surgery, and other traditional procedures for his disease. But recently, Matt participated in a new therapy that was the most unique of all the treatments he's endures, and the most fun, when he flew to Florida to swim with the dolphins.

Matt was one of 10 cancer patients chosen from 10 major cities to participate in a program called "The Dolphin Experience."

What to dolphins have to do with cancer? According to a Colorado-based wellness group called "Living From the Heart," dolphins may be able to help humans help heal themselves, or at least feel better during the course of their disease.

Dr. Stephen Jozsef, co-founder of Living From the Heart, believes dolphins can have a positive effect on the way humans deal with the stress, which in turn decreases the body's ability to fight disease.

To test this theory, Jozsef and his group invited 10 children with cancer to join in "The Dolphin Experience" from Sept. 3 to 9, at the Dolphin Research Center in Grassy Keys, Florida.

"I was feeling pretty uncomfortable when Mom and I got to Florida," said Matt, who had recently been discharged from the hospital, "and I was afraid I wouldn't feel like swimming.

"But, the next day, we went to the pool, and I swam with the dolphins. I'm not saying that the dolphins fixed things, but I just forgot about everything, and I felt good the whole time I was there."

Dolphins, theorizes Jozsef and others, live in a state of meditative relaxation called "alpha," which most humans experience only as small children. Swimming and being with dolphins seem to encourage the same state of mind in humans, which in turn decreases stress and increases the ability of the body to fight disease, or at least alleviate some of the mental anguish that accompanies it.

"I was a little scared to get in the water at first," said Matt, who explained that each dolphin weighed approximately 500 pounds. "But once I started interacting with them the fear was gone. It was like the dolphins could sense your fear, and they understood."

For three days Matt and the other youngsters swam with the dolphins for periods of 30 minutes.

"Tapping them on the head was the signal for a 'dorsal pull,' " explained Matt. "The dolphin would let you grab her dorsal fin and would tow you through the water.

"They seemed to know to take it slow the first time around," said Matt. "After that, they put on the steam."

Matt said the high point of his trip was after a good dorsal pull.

"The dolphin enjoyed it as much as I did," said Matt. "She squeaked and screamed, she was having so much fun as was so excited, and so was I," he said. "She looked right at me and I knew she wasn't doing it for the fish treat, she was doing it for me.

"I didn't have a worry on my mind, there's no doubt about it, it was a lot of fun," said Matt, "and not just for people with cancer, but for anyone."

Matt's cancer seems to be in remission now, and he's getting ready to start classes at a local community college.

"I missed the start of the Fall semester because of the trip to Florida," he said, "but I'd do it again in a minute."

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San Miguel Fire Log

September 11, 1989

9400 blk. Lamar St. Female, medical aid.
1000 blk. Gillespie. Male, seizure.
900 blk. Gillespie Dr. Grass fire, no damage.
3500 blk. Kenora Dr. Male, medical aid.
4000 blk. Kenwood Dr. Grass fire, no damage.
8800 blk. Country View Pl. Cancelled en route.
Jamacha Rd/Darby St. Non-injury auto accident.
2400 blk. Hilton Head Pl. Female, reaction to medication.
So. Granada/Highlands Blvd. Auto accident. One patient DOA; one critical. Lifeflight to Mercy.
10100 blk. Bluestone. Reported gas leak. No leak.
11700 blk. Calle Trucksess. Female, chest pain.
9000 blk. Campo Rd. Male, insulin shock.
10300 blk. San Vincente. Female, illness.

September 12, 1989

10300 blk. Russell Rd. Illegal burn.
3500 blk. Sweetwater Sprgs. Female, medical aid.
3400 blk. Helix St. Male, public service.
2400 blk. Hilton Head. Male, difficulty breathing.
900 blk. Sweetwater Rd. Female, fall victim.
Dehesa Rd/Willow Glen. Dumpster fire.
Troy/Bancroft. Piece of material caught fire.
9000 blk. Campo Rd. Male, diabetic.
800 blk. Washington Heights Rd. Malfunctioning alarm.
Willow Glen/Dehesa. Dumpster fire.
2100 blk. Dehesa Rd. Male, illness.
Hwy 94/Kenwood. Auto accident. Chest trauma.
900 blk. Galapago. Female, fall victim.
9300 blk. Jamacha Blvd. Male, possible O.D.

September 13, 1989

Sweetwater Sprgs. Blvd/Del Rio Rd. Non-injury auto accident.
1800 blk. Shadow Pl. Male, difficulty breathing.
8700 blk. Broadway. Needless call.
Sweetwater Sprgs. Blvd./Jamacha Blvd. False alarm.
8500 blk. Paradise Vly. Rd. Gasoline leak.
1000 blk. Gillespie Dr. Male, difficulty breathing.
400 Ridgeway Ct. Dumpster fire.
9700 blk. Jamacha Blvd. Non-injury auto accident.

September 14, 1989

9200 blk. Grossmont Blvd. Cancelled en route.
9900 blk. Jamacha Blvd. Female, chest pain.
1000 blk. Gillespie Dr. Male, stab wound.
600 blk. Clamath. Public service.
1100 blk. Jamacha Ln. Female, assault.
10000 blk. Casa Nueva. Male, illness.
3500 blk. Paseo Salamoner. Male, chest pain.
1700 blk. Hillsdale. Male, abdominal pain.
10800 blk. Jamacha Blvd. Female, stomach pain.
3400 blk. Bancroft. Male, choking.
3900 blk. No. Bonita. Male, assault.

September 15, 1989

8700 blk. Jamacha Rd. Female, medical aid.
9300 blk. Piedmont St. Male, difficulty breathing.
11700 blk. Calle Albara. Female, reaction to drugs.
3700 blk. Sinclair. Male, scorpion sting.
LaCresta/Westward Ho. Smoke check.
9100 blk. Christiana. Illegal burn.
10000 blk. Resmar Pl. Female, low blood pressure.
Sweetwater Rd/Harness. Female, auto accident.
1600 blk. Canyon Rd. Female, headache.
2100 blk. Lang. Female, medical aid.
9000 blk. Lemon. Male, diabetic reaction.
10700 blk. Jamacha Blvd. Female, difficulty breathing.
1100 blk. Helix St. Public service.
4700 blk. Nolan Dr. Male, hip injury.
Jamacha Blvd/Grand. Auto accident, minor injury.
2100 blk. Warwood. Female, fall victim.
4500 blk. Dickey. Female, DOA.
2500 blk. Sweetwater Sprgs. Blvd. Auto lock-out.

September 16, 1989

9000 blk. Lamar St. Male, insulin shock.
Clamath/Jamacha Blvd. Leaking hydrant.
900 blk. Gillespie. Hazardous condition.
Campo Rd/So. Barcelona. Male, chest pain.
8800 blk. Valencia. Hazardous condition.
1700 blk. Jamacha Rd. Male, rattlesnake bite.
9800 blk. San Juan. Female, medical aid.
9800 blk. San Juan. Female, medical aid.
1000 blk. Gillespie Dr. Male, difficulty breathing.
9800 blk. San Juan. Male, back pain.

September 17, 1989

9800 blk. Campo Rd. Male, glass in eye.
1700 blk. Valkyria Ln. Male, medical aid.

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WEATHER

The following information was provided by the Lemon Grove Fire Department:

	High	Low
September 16	81	68
September 17	72	65
September 18	75	56
September 19	70	56
September 20	78	52
September 21	94	56
September 22	83	57

The precipitation this year to date is 0.43 inches. For the last year to date, the figure was 0.01 inches.

Grossmont seeks births from 1955

Grossmont Hospital is searching for local San Diegans born at the Hospital in 1955. The Hospital began to deliver babies in 1955 and ever since, they have been growing up. Now 34 years later, Grossmont Hospital is expecting another delivery...A new Women's Health Center.

Grossmont Hospital is planning a grand opening and birthday celebration for the Women's Health Center, which is scheduled to open in January 1990. Individuals born in 1955 at Grossmont Hospital are being asked to contact the Publications Department. The "1955 Grossmont Babies" will be honored guests at various grand opening events to celebrate the "birthday" opening of the new Women's Health Center.

Since 1955, nearly 85,000 babies have been born at Grossmont Hospital. More than 4,000 of those births occurred just this year. While addressing the Hospital's growing maternity demands, the Women's Health Center also will provide comprehensive medical services for women of all ages and lifestyles.

All 1955 Grossmont Hospital babies are asked to contact Kay Simpson in the Publications Department at 589-4151.

USE HANDY SUBSCRIPTION & CLASSIFIED COUPONS ON PAGE 11

DON'T MISS

SPECIAL ADVERTISING OPPORTUNITY TO ATTRACT ADDITIONAL CUSTOMERS:

October 5

Special Issue of the

La Mesa Forum

for La Mesa's Oktoberfest.

Deadline is 9/29.

Special rates and greater circulation.

Call 469-0101 for more information.

Sheriff's Dept. Log

Deputies of the Lemon Grove office of the County Sheriff's Department were investigating these burglaries which occurred last week:

Lemon Grove

2000 blk. Lemon Grove Ave. Front door unlocked. VCR, video game, $830.
1800 blk. Skyline. Unknown point of entry. No loss.
7000 blk. Central. Rear door left unlocked. Jewelry, $610.
2600 blk. Mercury. Broke rear window. TV, VCR, answering machine, $600.
3200 blk. Sweetwater Way. Used ladder next to house to get in open window. CD, stereo, $325.
1600 blk. San Altos Pl. Pried rear sliding door. TV, VCR, clothes, pictures, lamps, $1,975.
2300 blk. Peppermint. Pried rear sliding door. Framce, $25.

Spring Valley

1100 blk. Helix. Entry through second story window. Microwave oven, $250.
1000 blk. Leland. (School) Pried windows with knife. Unknown, if any loss.
1000 blk. Paraiso Ave. Keys out to other people. Camera, $385; silverware, $300.

La Mesa

10000 blk. Queen Ave. Screen removed from window. VCR, $400; VCR, $350; camera, $2,000; video camera, $1,200.
10000 blk. Itzamna. Broke window with rock. Blanket, $5; TV, $80; video recorder, $350; hamper, $10.
4100 blk. Avocado. Pried door open. VCR, $599, suitcase, $50.

El Cajon

1800 blk. Hilton Head Place. Unsecured garage. 2 bikes, $562.
2200 blk. Runabout Place. Open side garage door. Tool box, $40; jig saw, $50; tools, $500.

Jamul

13000 blk. Proctor Valley Rd. Removed back door doorknob. VCR, $480; videos, $140; bedspread, $60.
2800 blk. Echo Valley Rd. Open garage door. Tool box, tools, $2,000.
14000 blk. Lyons Valley Rd. Broke window. 2 rifles, $270.

Lemon Grove Fire Log

September 15, 1989

2000 blk. Skyline. Medical aid, female with no vital signs.
7900 blk. Palm. Medical aid, unresponsive male.
College Grove Shopping Ctr. Mutual aid, overheated car.

September 17, 1989

1600 blk. Angelus. Medical aid, female seizure victim.
1500 blk. San Altos Place. Public assist, wires down.
Hwy 94 @ College. Medical aid, motorcycle accident.
2600 blk. Berry. Public assist, wires down.
7500 blk. Central. Public assist, wire down.
6500 blk. Federal. Hazardous materials.
7100 blk. Broadway. Structure fire, vehicle vs. structure.
1400 blk. La Corta Court. Public assist, transformer explosion.

September 18, 1989

Washington & Broadway. Medical aid, false alarm.
8000 blk. Broadway. Medical aid, unable to locate.
8000 blk. Broadway. Medical aid, sleeping transient.
3200 blk. College Place. Medical aid, child fell.
94 West near College. Vehicle accident, vehicle rollover.
2200 blk. Alton Place. Medical aid, sore back.
Canton & Glencoe. Medical aid, motorcycle vs. curb.

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Lemon Grove Review

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Pete Kaufman Publisher
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Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope. All materials must be received by the Monday preceeding the date of publication. The editor reserves the right to edit all submissions.

Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertisers's order. Only publication of an advertisement shall constitue final acceptance. Address all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 92045

Joe Freed on the movies

'Black Rain'

Michael Douglas is Nick Conklin, the newest member of Hollywood's "tough New York cop with a heap of personal problems" club. Like most movie policeman he's divorced, barely able to pay alimony, wears a lot of dark clothing, and is in desperate need of a shave. But I guess Nick has reason to feel glum, as he's under investigation by Internal Affairs concerning his association with some cops who have been taking a little personal bonus out of the drug money they seize.

Don't get too involved in them though, for before you know it the film shifts gears and Nick, with partner Charlie Vincent (Andy Garcia), is off to Japan, escorting Japanese mobster Sato (Yusaku Matsuda) to the authorities in his homeland.

Our New York heroes then mistakenly hand Sato over to mobsters in disguise and find themselves involved in a huge adventure–trying to convince the Japanese authorities to let them help with the case, trying to capture Sato on their own, trying to find some food that's good to eat, and lastly, (maybe the moral of the story?), trying to show Detective Matsumato (Ken Takakura) how to loosen up and take chances like a neato American would.

Screenwriters Craig Bolten and Warren Lewis are simply trying to include too much here. "Black Rain" is very long, and although at times it can be exciting, the film often slows way down - almost coming to a complete stop - and the audience must wade through one conversation in a dark room after another. After a while I just wanted to stand up and scream, "All right, already! Get on with it!"

The actors do what they can to help though, and "Black Rain" does have some fine performances. Andy Garcia is very charming as the sidekick, but he only appears in the first half of the film and his presence is greatly missed after that. Ken Takakura is fantastic as the very proper Matsumato, and he brings out beautifully the struggle between what is proper and what is right.

As for Douglas, his performance as the rough cop is impressive, but the way the writers develop the character itself ruins Douglas' effectiveness. The screenwriters were trying to contrast the style of Nick against the Japanese police, and did so, at the expense of the protagonist. Nick does not come across as cool or heroic, but rather disrespectful, rude and almost unlikable. Douglas truly portrays the ugly American.

Kate Capshaw also appears in the film as a former Chicagoan who now runs a nightclub in Japan. Capshaw is a semi-star, but her role is so small that it belittles her. When an audience hears that a big name like Capshaw is involved in a project, the role is expected to have substance. However in this case Capshaw's role has no substance.

Director Ridley Scott is extremely talented and each scene has an admirable aesthetic quality. However, Scott often replaces substance with art, sometimes to the point of boredom.

However, "Black Rain" has some redeeming qualities, most notably, its action sequences and a few glimpses of humor. It can be considered a good movie, but its many flaws prevent it from being considered for higher praise.

CRITIC'S RATING: C+

Tallship Parade to kick off Chula Vista Harbor Days Festival on September 30

The tallship *Californian* will lead a fleet of traditional sailing vessels into Chula Vista Harbor on September 30 to help celebrate Chula Vista's third annual Harbor Days Festival.

Also making the sail south will be the Canadian tallship, *Pacific Swift*, San Francisco's *Witch of Wood*, and from Newport Beach, *Spike Africa* will round out the fleet, in addition to dozens of Ancient Mariner Showpieces, and a host of other support vessels from the San Diego area.

The tallships and schooners will gather off Shelter Island at 10 a.m. for the sail south to Chula Vista Marina. Boaters interested in participating in the tallship parade should contact the Chula Vista Marina. Advance registration is required to participate in the parade. Mooring will be provided during Harbor Days, free of charge, to North Bay boaters participating in the parade, but reservations will be needed.

To get to the Harbor Days celebration, take Interstate 5 South to J Street, then west to the bay. Harbor Days is a free community event that starts at 8 a.m. with a Marine Gear Swap, 10 a.m. Boat Show and Business Showcase, and at 12 p.m., the arrival of the tall ship parade.

The afternoon will be filled with tours of the *Californian*, an open air concert, and other festival activities for the whole family.

For more information, or to reserve your space in the Tall Ship Parade, contact the Chula Vista Marina, 691-1860.

Psychic Faire to coincide with 141st birthday of Villa's first occupant

On Saturday, October 7th between the hours of 1–5 p.m., San Diego's premier Victorian house, the Villa Montezuma at 1925 K Street will be open to the public without charge. Cake and coffee will be served, celebrating the 141st birthday of the home's first occupant, Jesse Shepard.

The Third Annual Psychic Faire will be held in conjunction with the birthday celebration with over 20 psychics on hand to meet with any and all spirit-seekers. Because Jesse Shepard was San Diego's most noteworthy psychic and mystic of his day, this Psychic Faire renews the spirit that prevailed in the Villa Montezuma in 1887–88.

The public may meet with psychics, using a variety of spiritual mediums such as tarot cards, palmistry, astrology, I-Ching, runes, psychometry, numerology, light channeling, energy balancing and reflexology. Ten-minute readings will be available for only $10.

Benefitting from the proceeds will be the educational programs of the Villa, and on-going restoration projects for the museum and its furnishings.

Elegant but light ideas from the Healthy Gourmet cooking school

Planning a dinner party for the health conscious? Looking for ideas to prepare elegant meals, fit for fine dining, that are also light and nutritious? The Healthy Gourmet cooking school presents a class entitled, "Elegant but Light," on Wednesday, October 18th, at 6 p.m. Recipes such as Cheater's Seafood Newberg, Saffron Brown Rice, and Black and White Cheesecake will be featured. The class cost is $14 in advance; $16 at the door, and will be held in Grossmont Hospital's Brier Patch Campus, 9000 Wakarusa Drive, La Mesa. Reservations are necessary; call 668-4250.

Adult School offers gardening class

"Flower Gardens: Year-Round Color with Annuals, Perennials, Bulbs, and Old Roses," a 12-week class offered by Grossmont Adult School, will begin October 10th and 11th at two sites. The Wednesday class will be 6:30–9:30 p.m. in room 51, Grossmont High School, 1100 Murray Drive, La Mesa.

The Thursday class will meet from 9 a.m.–noon at Foothills Adult Education Center, 1550 Melody Lane, El Cajon.

Betty Newton is the instructor. Registration is during the first class. Please call 579-4795 for more information.

San Miguel Fire Log

Continued from Page 2

10800 blk. Calle Verde. Female, pain in leg.
1200 blk. Maria. Arcing electrical transformer.
1600 blk. Grove Rd. Arcing power lines.
10000 blk. Shadow Vista Rd. Unable to locate.
1500 blk. Presioca. Down power line.
12400 blk. Campo Rd. Cancelled en route.
9200 blk. Harness St. Hazardous condition.
4200 blk. Alta Mira Dr. Male, fall victim.
500 blk. Worthington. Male, fall victim.
Granite Hills/Dehesa. Public service.
3200 blk. So. Bonita. Female, reaction to bee sting.

September 18, 1989

Broadway/Spring. Female, contusions.
1600 blk. Vista Del Valley Blvd. Malfunctioning alarm.
300 blk. Kempton. Female, difficulty breathing.
10500 blk. Jamacha Blvd. Auto lock-out.
1100 blk. Washington. Female, back pain.
So. Bay Pkwy/Worthington. Non-injury auto accident.
9000 blk. Kenwood. Good intent.
Hwy 94/Sweetwater Sprgs. Non-injury rollover.

Lemon Grove Fire Log

Continued from Page 2

September 19, 1989

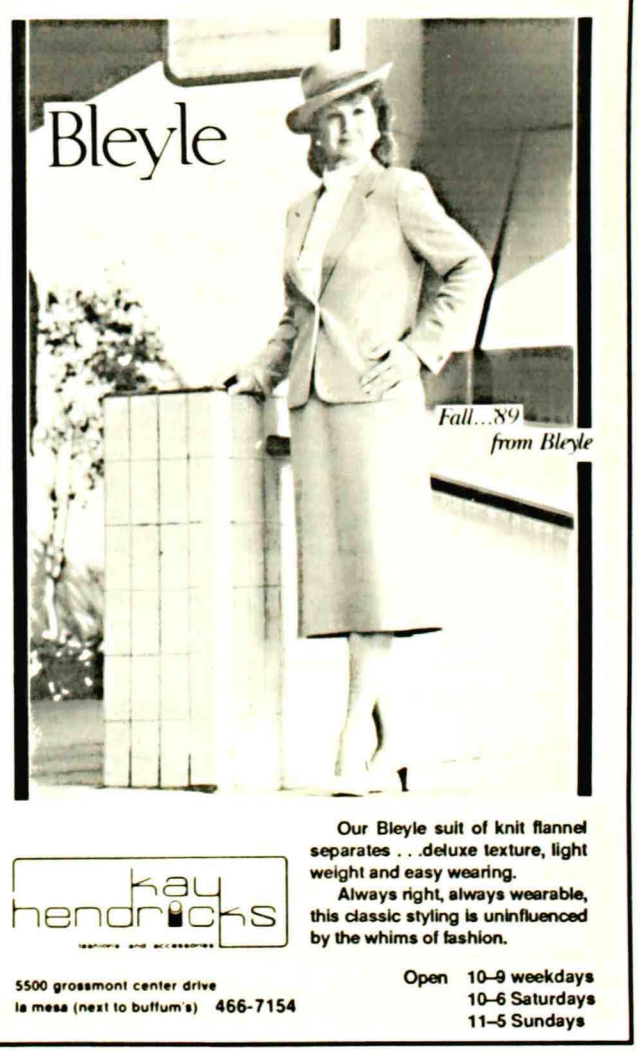
2300 blk. Cypress. Medical aid, chest pain.
2200 blk. Massachusetts. Public assist, arcing wires.
Lemon & Buena Vista. Public assist, clean residue.
Buena Vista & Apple. Mutual aid, cancelled.
9000 blk. Campo Rd. Mutual aid, cancelled.
2000 blk. Skyline. Medical aid, male, abdominal pain.

September 20, 1989

2500 blk. Arcadia. Lockout while cooking.
94 W/B. Vehicle blowout.
7500 blk. Broadway. Fuel spill.
2600 blk. Nina Road. Female asthma attack.
College & Federal. Motorcycle accident, non-injury.
6900 blk. Federal. Vehicle fuel spill.
1900 blk. Washington. Female asthma attack.
3800 blk. Massachusetts. Male assault victim.

September 21, 1989

7100 blk. Broadway. Ringing alarms.
7400 blk. Broadway. Male, seizure.
1900 blk. Skyline. Snake removal.
7700 blk. University. Mutual aid bus fire.
1300 blk. San Altos. Difficulty breathing.
3700 blk. Citrus. Mutual aid, heart trouble.
3200 blk. College Place. False alarm.



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10–6 Saturdays
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Commentary

by Max Goodwin

During the 30-odd years we have published the *Lemon Grove Review* and *Spring Valley Bulletin*, we rejected censorship.

If the material had news value, we published it unless its matter was purient, lurid or outright libelous.

We have been threatened with lawsuits several times when miscreants' names were used, but we were never taken to court. Nor did we feel impelled to publish retractions.

The material had been examined for truth or it had already been made a part of the public records.

In each instance the person was responsible for something and didn't want his name in print.

Retraction? How can a newspaper retract something that is factual? The Constitution's First Amendment doesn't protect reporters who print lies.

But there is a segment of population who would make mockery of the freedom of speech concept—usually for political considerations.

Often it has nothing to do with truth.

The key is control.

And the subject is opinion.

Here are some incidents that make the point. They were obtained from a Washington publication. The material has to do with political censorship in American colleges.

James Taranto, a former editor of the *Daily Sundial*, the student newspaper at California State University at Northridge (CSUN). Two years ago, Taranto wrote an opinion article for the *Sundial* criticizing UCLA officials who had suspended an editor of UCLA's campus newspaper because he ran a cartoon that attacked a liberal taboo.

The cartoon featured a rooster being asked how he was admitted to UCLA. The reply: "Affirmative Action."

Several members of the left wing minority organizations stormed the office of the UCLA editor, and one even made threats against his life.

The university took no action against the students.

Taranto's opinion piece deplored censorship in general and noted the outrageous double standard under which leftist students were allowed to threaten violence while conservatives were punished merely for expressing their opinions. His view did not go well with the CSUN journalism faculty, and he was suspended from his job at the newspaper. He sued the university and the Sundial's faculty advisor.

But just three days before the case was set to go to trial, the faculty agreed to rescind the suspension and modify its policy to affirm the First Amendment rights of student journalists.

Then there was the case of the *Vassar Spectator*, a conservative newspaper at the Poughkeepsie, N.Y. college. A year ago, a black leftist student staged a confrontation with a Jewish conservative. The black student told the Jewish student, "I hate Jews," and called him a "dirty Jew" and a "stupid Jew."

A *Spectator* editorial condemned the black rabble-rouser as "Hypocrite of the Month" noting that his ethnic attacks belied his claim to oppose racism.

When university officials got wind of the editorial, they ordered the newspaper to halt distribution. When the *Spectator* editors defied the order, the newspaper's university funding was cut off.

There were other examples. Two editors of the conservative *Dartmouth Review* were suspended from school for one-and-a-half years over an article criticizing a music professor who used his class as a soapbox for his radical "hate whitey" political views.

At the University of Virginia, a conservative newspaper was denied university funding because it was considered "political." A liberal student newspaper and the National Organization for Women continued to receive funding. This implied NOW and liberalism were not political.

Finally, there is the School of the Art Institute of Chicago whose school official invoked the First Amendment to defend work of a student whose exhibit displays an American flag on the floor and invites viewer to walk on it.

Late last year, however, when a student painted a satirical picture of the late Chicago Mayor Harold Washington, the Institute's president declared, "We do not condone the use of the First Amendment to disparage the memory of a great leader like Harold Washington."

Some of this material was supplied by Edwin Feulner, who heads a Washington research organization.

From Where I Sit

by Frank Andrews

Mentally Retired

They say that when you reach the "Wanning Years" your faculties start to deteriorate. In my case, this stage has already started as some of my daily activities will attest.

Last week, during my much too often grocery shopping, I experienced one of my most embarrassing moments. As I was going through the "Never More Than Three" check out line (which had 7 in that line at the time), I injected some of my senile humor as usual for the benefit of the cashier and bag person.

After writing out my check for the astronomical tape total, the bag lady asked, "Can I help you to your car?"

I answered the very courteous young lady with my stock, goofy questions, "No, but can you tell me where I parked my car?"

Her answer was, "What kind of car do you drive?"

After explaining that it was just one of my jokes, I proceeded to wheel the overloaded shopping cart out to my van.

The big van is taller than the other vehicles in the crowded parking lot, so it is always easy to spot. This time my humor back-fired on me and I couldn't find the van anywhere.

I made a couple of trips back and forth pushing that heavy cart in the area that I thought I had parked my van. Several fellow shoppers volunteered their help. I do believe that they were skeptical of my sanity as I described my beloved van.

I parked the bountiful shopping cart and leaned against the nearest vehicle to rest and ponder. "I'll have to report my stolen van to the sheriff's office which is just across the street."

As I stood up to walk away I realized that I was leaning on my wife's Regal. Whala! Now I remembered. That day I had driven my wife's car which she rarely entrusts to me.

Very embarrassed I called off the search. Now I know those so gracious helpers thought I was "one brick short of a load." I have made some boo-boos in the past, but this was the grandaddy of them all.

Locking the keys in the van and having to call my wife from work for her keys has happened a couple of times. "Why in the world don't you hide an extra key on the exterior of the van so you won't have to bother me at work?"

"That I did, but I hid it so well that I couldn't even find it," I replied.

Years ago when I fouled up, I used the excuse that living such a hectic lifestyle, it was easy to goof once in a while. Now with a slow relaxed pace, what's my excuse?

Also, I'm getting better at remembering names and facts that happened 30 years ago, but getting worse at remembering what happened yesterday. Is this one of the symptoms of being "mentally retired?"

Mt. Miguel *El Trovador* News Briefs

The Mt. Miguel Speech Team will be attending their first speech competition on Saturday, October 7. Thirty students made up of both novice and advanced speakers are expected to attend, and are under the direction of Mrs. Myrna Goodwin.

Mt. Miguel's class of '90 will have Senior privilege cards. These discount cards are being sold for $20, and will save students as much as $40 during their Senior year.

Mt. Miguel's girls tennis team takes on the Monte Vista Monarchs at Monte Vista today at 3:30 p.m.

At Mt. Miguel, Mr. Fusselman's Physical Science classes proved a superior number of boys were defeated in a tug-of-war game, by a fewer number of girls. The girls' advantage—a mechanical pulley device, that helped them to victory in a vivid display of Physics.

Mt. Miguel's A.S.B. is promoting a clean campus under the supervision of Commissioner Theresa Taboga. Students are encouraged to pick up stray trash on campus. Mt. Miguel has won 1st place for Clean Campus for 3 consecutive years.

S.A.T. registration and testing dates for California universities are September 29 for the November 4 test, and October 27 for the December 2 test. Test centers are at Grossmont High, Grossmont College, El Cajon Valley High and Patrick Henry High.

Mt. Miguel's Homecoming game will be against Granite Hills at 7:30 p.m. on Friday, October 27. At halftime, floats displaying the theme of "Fairytales" will be judged and the Homecoming Queen will be crowned, followed by a fireworks display.

The new Macintosh desk top computer will be used to publish the El Trovador school newspaper. $12,000 worth of equipment purchased by the Journalism students will be paid for by advertising and fund raisers.

The Language Department at Mt. Miguel welcomed two new teachers, Mr. Luis Higuera-Castro for Spanish, and Mrs. Olivia Dorman for French.

Miss Jacqueline Carpenter joined the Science Department as the new Chemistry and Biology teacher, replacing Mr. Larry Nordell, who is on special leave after winning the Christa Mc Auliffe Scholarship. Also, Ms. Dyanne Riley has become the new Choir and Vocal Music teacher.

Mt. Miguel Seniors are showing their spirit this week, dressing to stand out. Monday was Toga day, followed by black-out day Tuesday, and switch sex day on Wednesday. Today students will playfully dress as "nerds." Friday, the red and black colors worn by Seniors will demonstrate school spirit.

Mt. Miguel's Varsity Cheer squad, led by captains Stephanie Hubbard and Monica Rojas, won an award for the Superior Squad, 1st place in Home Cheer, a spirit stick and several blue superior ribbons in various chants and cheers at UCA Cheer Camp held at UCLA this summer.

Chacon AIDS bill clears Senate floor unanimously

A bill by Assemblyman Peter Chacon (D-San Diego) to require AIDS education materials for women and children to be culturally and linguistically relevant passed the Senate floor on Friday, September 8.

Chacon's legislation would address the special needs of minority women and children by ensuring that AIDS education materials take into account the education and literacy levels of minority women at high risk for HIV infection.

The bill would also require the development of effective community outreach models utilizing peer educators from minority communities.

"The incidence of AIDS in females has been on the increase since 1981," stated the San Diego lawmaker, "Cases of AIDS are also increasing rapidly among infants and children. The statistics regarding AIDS in the minority community are particularly alarming. In California, approximately 48 percent of all reported AIDS cases in women, and 60 percent of reported pediatric AIDS cases are ethnic minorities. My legislation, Assembly Bill 1508, would address this issue by ensuring that the needs of this special at-risk population are being addressed."

AB 1508 would require these education materials to be developed into already existing categorical programs aimed at women and children.

"The importance of educating minority communities about the spread of AIDS cannot be stressed enough," Chacon stated. "Current methods are not being effective at decreasing the spread of AIDS among minority women and children. It is critical that information be disseminated to the population in language they can understand and by community outreach workers to whom they can relate," added Chacon.

Chacon's bill has passed the Senate and Assembly, and will go back to the Assembly for concurrence.

USC offers guide to financial aid resources for minority undergraduate students

A free list of "Some Financial Aid Resources for Minority Undergraduate Students, 1989–90," is available from the University of Southern California's Office of Civic and Community Relations.

Included are the names of scholarships and foundations, terms of eligibility, contact persons, addresses, phone numbers and suggestions for obtaining more information on financial aid programs for American Indian, Asian Pacific American, black/African American and Hispanic/Latino undergraduate students.

To receive a copy, send a 50¢-stamped, self-addressed envelope to Dr. Samuel Mark, Director, Office of Civic and Community Relations, University of Southern California, 835 W. 34th St., Suite 102, Los Angeles, CA 90089-0751.

Dr. Mark and USC senior Jose Jimenez, who was principal researcher for the project, compiled the list.

For more information, call (213) 743-5480.

Lemon Grove resident enters Carleton College

Graduate of Helix High School

Jennifer Hammond, the daughter of Dr. Charles and Darlene Hammond of Lemon Grove entered Carleton College this fall. She is a graduate of Helix High School.

The 470 students in this year's freshman class were selected from more than 3,032 applicants. The student body at Carleton totals 1,850 and includes students from every state, the District of Columbia and 19 foreign countries.

On September 3, new students began an orientation week designed to introduce them to college faculty, administrators, staff and more than 50 campus organizations. Classes for Carleton's 123rd academic year began on September 8.

Ranked among the nation's most selective liberal arts institutions, Carleton is a private, co-educational college located 40 miles south of Minneapolis and St. Paul. It is known nationally for its students' acceptance rates into graduate and professional schools and for its teaching faculty and overseas programs.

College Information Day to be presented at East County Performing Arts Center

On October 5, 1989, 7–9 p.m., at the East County Performing Arts Center, 210 East Main Street in El Cajon, the East County Higher Education Council will be presenting a College Information Day for Grossmont District High School juniors and seniors and their parents.

The evening actually will begin at 6:30 p.m. with the live presentation of the Mount Miguel Matador Marching Band. At 7 p.m., there will be a panel discussion including representatives from the Grossmont/Cuyamaca Community College District, the University of California at San Diego, San Diego State University, and representatives of the private colleges in the San Diego area. Prepared questions will be presented to each of the four representatives that should be informative to all students and parents in attendance.

Between 7:30–7:40 p.m., this panel information period should end and be immediately followed by a presentation on financial aid by Herb Gross, a recently retired counselor from El Cajon Valley High School. Students and parents not in need of this information will be given time to move into the foyer where there will be tables with representatives from every college within San Diego County. There will be representatives from Grossmont College, Cuyamaca College, San Diego State University, University of San Diego, Christian Heritage College, United States International University, National University, Point Loma Nazarene College, and the University of California at San Diego. Those parents and students desiring to participate in the financial aid presentation may move into the foyer after the presentation is completed and ask questions of the representatives as well.

This should prove to be a very meaningful event for students planning to attend any college upon completion of their high school requirements the year preceding enrollment into their institution. In the past, participation in this event from students and parents in the Lemon Grove/west Spring Valley area has been rather sparse. An all-out attempt is being made this year to make certain that the parents living in this area are aware of this excellent service.

Applications accepted for annual Garland Scholarship

The Sea World Holiday Bowl is currently accepting applications from area high school students for the seventh annual R. Hastings Garland Memorial Scholarship Award, valued at $1,500.

Students will be judged on criteria deemed important by the scholarship's namesake, R. Hastings Garland, who held a strong interest in youth and their participation in sports. The award will go to a San Diego high school senior with an outstanding background in scholastics and extracurricular activities, who is also an active participant in sports. Athletic participation will be weighed more heavily than the degree of athletic achievement.

Top candidates will be interviewed by a scholarship committee who will choose the scholarship recipient. The $1,500 award will be presented to the winning student upon proof of registration in a college or vocational school.

The 1988 winner was Michael Knapick, formerly of San Dieguito High School. He beat out six finalists, chosen from 172 applicants from San Diego city and county high schools.

Applications may be obtained at an San Diego high school counseling office, and must be submitted with a letter of recommendation no later than October 15, 1989. Applications should be sent to: The Garland Scholarship Committee, c/o Sea World Holiday Bowl, San Diego Jack Murphy Stadium, 9449 Friars Road, San Diego, CA 92108.

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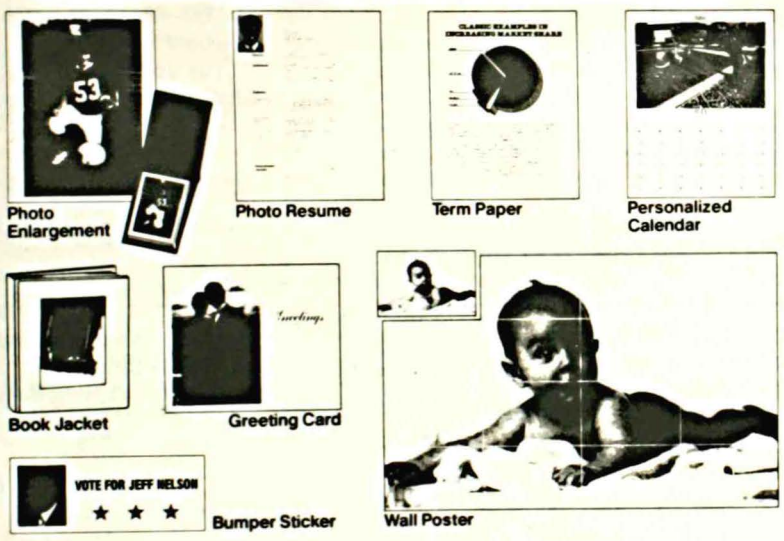

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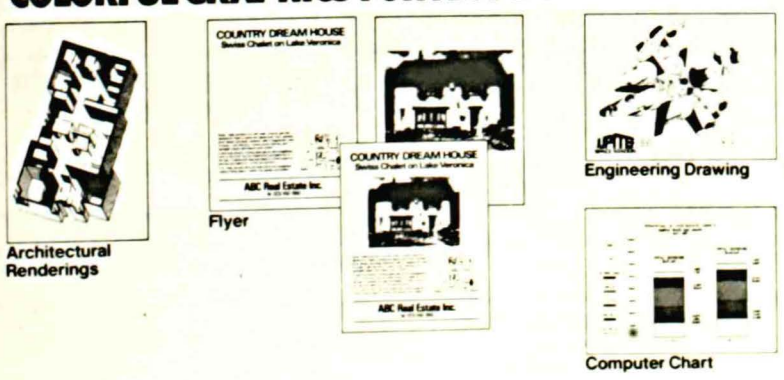

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Scouts start fall registration

"We want to help ensure that no girl loses any opportunity to be the best that she can be," explained Zita B. Gardner, president of San Diego-Imperial Girl Scout Council. "There are many exciting activities available in Girl Scouting, but the bottom line–for all that we do–is preparing today's girls for their own futures."

Opening its 1989–90 membership year, the council is again making a variety of opportunities available to girls between the ages of five and 17. Girl Scout troops and groups are being formed throughout the two-county area. Local membership information is available by calling 298-8391 or 1-800-643-4798.

In addition to traditional programs, the recently introduced Girl Scout "Contemporary Issues" series is addressing some very relevant and important needs of todays girls. Through activities specifically developed for girls at five different age levels, they are exploring the worlds of math, science and technology; learning how to stay safe in a potentially dangerous world; discovering that growing up female can be a great experience; learning to say no to drugs; and reaching out to others when life seems overwhelming or unmanageable.

This series is part of the Girl Scout program of informal education that provides a wide variety of activities and experiences designed to help girls develop a positive image of themselves, and learn to relate to others, to pass on the values of a democratic society and to encourage them to be active in their communities.

San Diego-Imperial Girl Scout Council is committed to making these opportunities and experiences available to any girl who wishes to become a Girl Scout. Through the support of nearly 9,000 active and dedicated volunteers, the council expects to serve more than 28,000 girls during the coming year.

Square dance class forming

A Beginners' Square Dance Class is starting Wednesday, October 4, at the recreation room of the Lemon Grove Congregational United Church of Christ, 2770 Glebe Road, Lemon Grove.

The 7:30–9 p.m. Wednesday evening class will be taught by Ron East, an East County square dance caller and instructor for over 30 years, and is open to couples and singles with partners.

Sponsored by the Dancin' Dude Square Dance Club, the class is open for registration the first three weeks. To encourage new people to "try it, you'll like it," the $2.50 per person class will be free the first night. For information, call 464-0343.

In The Service

News of our armed forces personnel and their families

Navy Seaman Recruit **Hayden T. Hartland**, whose wife, **Julie**, is the daughter of **Penny B. Rose** of Spring Valley, has graduated from Operations Specialist School.

During the 15-week course, conducted at Fleet Combat Training Center Dam Neck, Virginia Beach, Va., Hartland received instructions on the operations of surveillance and search radars, electronic recognition and identification equipment, aircraft approach control devices and electronic aids to navigation. His studies were designed to prepare him for duty in a shipboard combat information center, or at a shorebased fleet training center.

He joined the Navy in January, 1989.

Navy Petty Officer 2nd Class **Neil E. Merryman**, son of **Veria M. Merryman** of Lemon Grove, recently returned from a six-month deployment to the western Pacific Ocean aboard the aircraft carrier USS Ranger, homeported in San Diego.

While deployed, crewmembers rescued 39 Vietnamese men, women and children who were spotted 80 miles southwest of Cubi Point, Republic of the Philippines.

Merryman visited Pearl Harbor, Hawaii and made foreign port visits to Diego Garcia; British Indian Ocean territories; Fremantle, Australia; Subic Bay, Republic of the Philippines; Singapore; Hong Kong; and Pattaya Beach, Thailand.

He joined the Navy in September, 1979.

Marine Pfc. **Brian Robbins**, son of **Rob and Pat Robbins** of Spring Valley, has completed recruit training at Marine Corps Recruit Depot, San Diego.

A 1988 graduate of Mt. Miguel High School, he joined the Marine Corps in April, 1989.

Army Reserve Private **Aaron P. Keil** has completed basic training at Fort Leonard Wood, Mo.

He is the son of **Mr. and Mrs. Dale R. Keil** of Lemon Grove.

Keil is a 1988 graduate of Mt. Miguel High School.

Second Lt. **Lynne M. Latona** has completed the U.S. Air Force military indoctrination for medical service officers at Sheppard Air Force Base, Texas.

The course acquaints newly commissioned medical personnel with professional and administrative responsivilities as Air Force officers.

She is the daughter of **John and Sharon E. Latona** of Spring Valley.

The lieutenant is a 1983 graduate of Valhalla High School, and a 1989 graduate of San Diego State University.

New church set to open October 1

There is a new church coming to Spring Valley...The Carpenter's House!

The Opening Day Celebration Service is scheduled for Sunday, October 1, 1989, at 10 a.m., at the Monte Vista High School gymnasium, located at 3230 Sweetwater Springs Blvd., Spring Valley, between Jamacha Boulevard and 94 Freeway.

The underlying purpose of this new church is to celebrate life in Christ. The uplifting services will include a warm, friendly atmosphere, worship and praise, dynamic music and Bible teaching to meet the needs of all age groups. Nursery care will be provided for infants through four years, and a Children's Church for ages five through ten years old.

Assistance in parking and unloading will be provided for infants through four years, and a Children's Church for ages five through ten years old. Assistance in parking and unloading will be provided for the handicapped.

The Carpenter's House is being pioneered in the rapidly growing community of Spring Valley using the Technigrowth system of church planting, "The Phone's For You," developed by the Friends Church. The entire scope of the program is to reach unchurched families in the area.

The Technigrowth system consisted of the telephone campaign during the month of August, wherein 30,341 calls were made, from which a mailing list of 2,346 names was compiled. The phone campaign consisted of 10-12 phones being used nightly, five days a week for four consecutive weeks, from the Church office located at 10461 D Austin Drive, Spring Valley.

Cards and brochures describing the upcoming services and departments being offered by the Church have been mailed throughout the month of September, 1989.

From the beginning of the telephone program up to the opening service, seven contacts will have been made to each family on the mailing list.

The Carpenter's House is under the direction of Senior Pastors Gary and Pat Craft, with their staff consisting of Associate Pastors Kevin and Nina Banta, and Youth Ministers, Rev. Randy and Sheryl Cluck.

The church is affiliated with the International Pentecostal Holiness Church, the fourth largest Pentecostal denomination in the United States. Pastor Gary states that "Although the Carpenter's House is backed by a denomination, the ministry of the new church will be inter-denominational in scope, meaning we are reaching to any and all that desire to be ministered to."

The slogan of the "Carpenter's House is "Touching Him, Touching Others." Pastor Gary Craft and his staff acknowledge that God is the Master Carpenter, and they are His apprentices—needing first to touch HIM, and in turn reaching out to others, helping them to build their lives on a solid foundation for the kingdom of God.

For further information, please call the office at 670-5675.

Post Office plans holiday schedule for Columbus Day

All post offices will be closed on Columbus Day, Monday, October 9, 1989. Although there will be no regular mail delivery, Express Mail and Special Delivery mail will be delivered as usual.

Mail will be collected from collection boxes according to the holiday collection schedule posted on each box.

Post offices will be open Tuesday, October 10, for business as usual.

Tickets still available for hockey action featuring L.A. Kings star Wayne Gretzky

Prime tickets are still available for the San Diego appearance of hockey great Wayne Gretzky in pre-season National Hockey League competition between the Los Angeles Kings and Winnipeg Jets, Sunday, October 1. Faceoff time at the San Diego Sports Arena is 7 p.m.

"San Diegans will have a unique opportunity to see the greatest player in the history of the sport, Wayne Gretzky, in addition to other big name NHL players," said Vin Ciruzzi, president of the Sports Arena.

"Local fans will also be able to see Larry Robinson, one of the premiere defensemen in the league. He brings 17 years of experience to the Kings and many people feel he could be the catalyst Gretzky needs to mold this team into a championship unit," Ciruzzi added.

The Winnipeg Jets are paced by center Dale Hawerchuk, who in 1988–89 led the Jets with 41 goals and 55 assists.

The Jets, coached by Bob Murdoch, are looking to improve on last season's 26-42-12 mark.

For ticket information, call 224-4171.

Worship Directory

LEMON GROVE LUTHERAN CHURCH
Corner Skyline & Alton Drive
Edward J. Volkmann, Pastor
Telephone: 465-7301
Worship 9:00 a.m. Sunday School 10:15 a.m.

Attend This Church or Another Good Church
TRINITY BAPTIST CHURCH
8487 Paradise Valley Rd., Spring Valley
GEORGE W. PANNEL, PASTOR
Telephone: 479-0378

THE POTTER'S HOUSE CHRISTIAN FELLOWSHIP
123 Worthington Street, Spring Valley
Alpheus Fisher, Pastor 479-1460
Sunday Worship: 11 a.m., 6:30 p.m.
Sunday School: 10 a.m. Sun., 7:30 p.m. Wed.

Vista La Mesa Christian Church
4210 Massachusetts Avenue, La Mesa, CA 92041
Donald E Dewey, Pastor 463-9909
Sunday School for All Ages 9:00 a.m.
Sunday Worship Service 10:30 a.m.

LEMON GROVE CONGREGATIONAL UNITED CHURCH OF CHRIST
2770 Glebe Road • Lemon Grove
Edward & Joan Pettis, Co-Pastors
Sunday Worship & Church School 10:15 a.m.

FIRST BAPTIST CHURCH OF LEMON GROVE
2910 Main Street P.O. Box 236
Jeff Lettow, Pastor Phone: 460-4811
Sunday Bible School 9:30 a.m.
Sunday Worship Services 10:50 a.m., 6:30 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.

THE CHRISTIAN CHURCH
of Lemon Grove
6970 San Miguel Avenue
465-1888
TOM WEST – Minister
JOHN KENNETT – Assoc. Minister
BIBLE SCHOOL and WORSHIP 8:15, 9:15 &10:30
SUNDAY EVENING-6:00 WORSHIP
Nursery through Children's Classes Provided
A Friendly Christ Centered Church
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LEMON GROVE, CA 92045
PASTOR MSGR. RAYMOND C. KIRK
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Your church could be in the Worship Directory.
Call 469-0101 for rates and other information.

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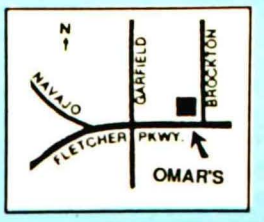

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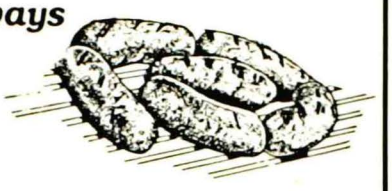
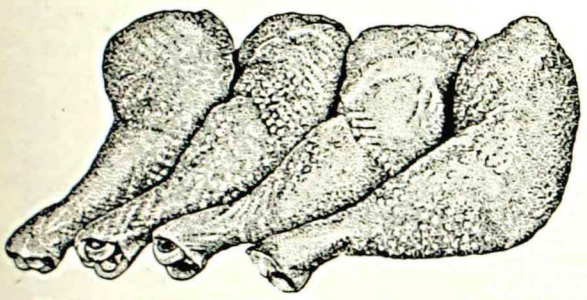
You tell us how you want your meat, and we'll do it your way.





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CHICKEN LEG
.38 LB.

Free
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with purchase of $20.00 or more
Regular priced items only

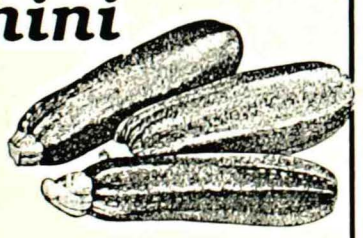
Oktoberfest Feast
Homemade
BRATWURST
1.79 LB.

Oktoberfest Feast
Homemade
GERMAN SAUSAGE
1.79 LB.

Pork Lean
BACK RIBS
2.79 LB.

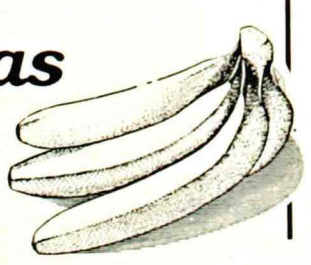
Produce

Zucchini
3 lbs.
$1



School Boy Red Delicious
Apples
3 lbs. $1

Bananas
4 lbs./$1



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USDA Choice B.B.Q.
CHUCK STEAKS
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USDA Choice
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10 lb. Bags, No Limit
70% Lean
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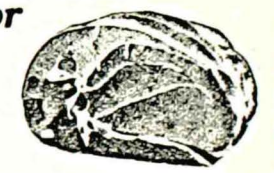
Expires 1/1/90
Limit 1 Coupon Per Ham



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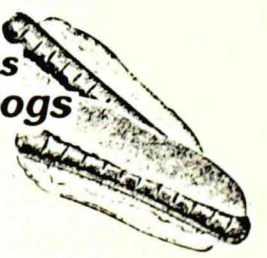

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Potato
Macaroni
Cole Slaw
99¢

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Frozen Uncooked Whole Lobster	5.99 lb.
Cocktail Lobster Tails	6.99 lb.

Great American Bank honors Mosey, Valentine with Award of Excellence

Great American Bank has honored Jackie Valentine, executive assistant in loan administration, and Darlene Mosey, administrative secretary in the loan servicing department, with a special "Award of Excellence" for outstanding customer service.

The award is presented as part of the bank's CARE program to individuals who consistently distinguish themselves in providing excellent service to both customers and other bank employees.

The CARE ("Customers Are the Reason we Exist") Program was started three years ago and its top "Award of Excellence" honor was attained this year by 22 of the bank's more than 4,100 employees.

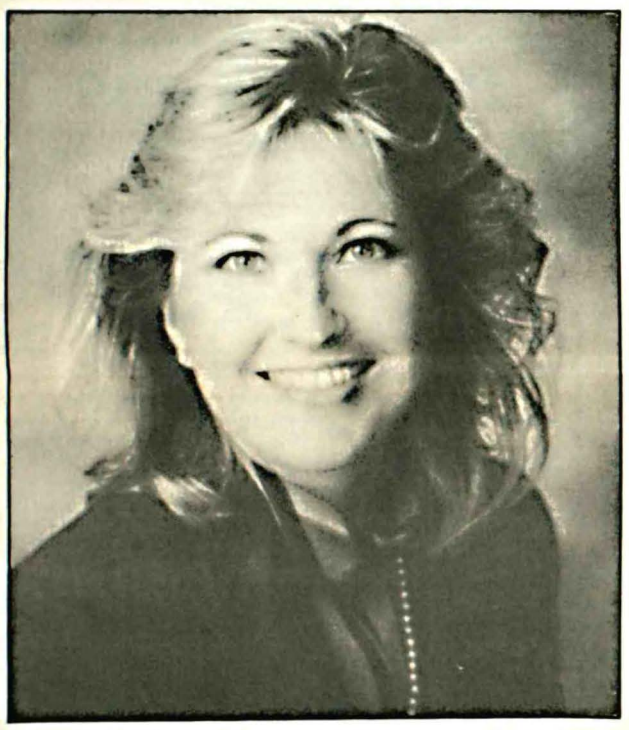
Jackie Valentine

Darlene Mosey

Valentine is a volunteer for the Cystic Fibrosis Foundation, San Diego Chapter. She joined the bank in 1984. Mosey joined in 1987. Both Valentine and Mosey reside in Spring Valley.

Great American Bank is the nation's eighth largest savings institution with $16.5 billion in assets and 249 retail banking and loan offices located throughout five western states.

Effective communication workshops to be offered at Cuyamaca College



Lisa Newman, Instructor of effective communication workshops

Would you like to discover the best kept secrets for turning a "dry" topic into a dynamic performance? Or perhaps you'd like to learn how to master your time, rather than being a slave to it with time-saving and time-gaining techniques.

Learn these skills–and more! In October, the College of Extended Studies is offering two dynamic workshops at Cuyamaca College. The first workshop is titled "Speak up: How to Prepare and Deliver High Impact Presentations."

Workshop participants will learn how to entertain an audience; write high-powered presentations; sell ideals, products and services; incorporate humor and make it work; deliver a high impact presentation, and build self confidence.

This workshop will be held on October 14 & 21, from 9–noon. The fee is $40.

The second workshop is titled "Getting Things Done." If getting things done is getting out of hand, this seminar will get you back on track. Discover how you can break the procrastination habit for good. Learn the art of getting others to help you get things done through effective delegation at home and at work. Workshop participants will learn how to: set priorities and follow through, gain time by recognizing when it's being wasted, use time "creatively," get organized and stay organized, and strategically schedule work...and play! This seminar is offered on October 28, from 9–4 p.m. The fee is $40.

Instructor Lisa Newman, M.A., is a consultant, speaker and trainer. As founder of the Communication Effectiveness Organization, Lisa brings over a decade of experience in the communication field to her training programs.

Specializing in Organizational Communication, she received her Bachelors degree from the University of Washington, and her Masters degree from San Diego State University. She has applied her expertise as a communication specialist to a broad spectrum of audiences, ranging from the college classroom to corporate and military settings, providing her audiences with cutting edge techniques for effective communication.

Her communication training programs have benefited professionals throughout business, industry and the military including: Teledyne Ryan, General Dynamics, North County Transit District, the United States Navy and Marine Corps, SDSU Management Development Center as well as Southwestern Grossmont and the San Diego Community College Districts. She is a member of the National Speakers Association, National Association for Female Executives and is the current Director of Communications for the American Society for Training and Development.

Lecture to focus on skin

"Common Skin Ailments" is the topic of a lecture to be given by dermatologist Linda Ross, M.D., during Grossmont Hospital's Health Forum from 7 to 9 p.m. on October 5.

The lecture will be presented in the hospital's Brier Patch Campus auditorium at 9000 Wakarusa Street in La Mesa.

Dr. Ross will focus on the dangers of ultraviolet rays in the development of melanoma and other skin cancers, and the importance of recognizing indicators of cancer. A question and answer session will follow.

The lecture, first in series of four to be presented by Grossmont Hospital in conjunction with the Grossmont-Cuyamaca Community College District, is free and open to the public. Other lecture topics will include "Changing Trends in Obstetrics," "Alzheimer's Disease and Other Dementias," and "Latest Advances in Total Joint Replacements."

To pre-register or for more information, call 589-4140 or 465-1700.

It's the Law

by Maureen A. Summers, Attorney at Law

Question: I broke my arm when I slipped on some ketchup that was on the floor in the grocery store and I would like to find an attorney to represent me in a lawsuit against the store. How do I select an attorney?

Answer: The first thing you must realize is that there are many different types of attorneys specializing in many different areas of the law. In a situation such as yours, where you have been injured because of the possible negligent conduct of another, you want to select an attorney who is experienced in pursuing personal injury claims.

The San Diego County Bar Association provides an attorney referral service that you can contact by telephone. The phone number is (619) 231-8585. This referral service will provide you with the name of one attorney who practices in the specialty you request. In this instance, you would ask for a personal injury attorney. The attorneys they refer you to are in good standing with the San Diego County Bar, the California State Bar Association and are experienced in the field that you have requested. If the first attorney they refer you to is unable to handle the case, they will provide you with a second reference.

Once you have obtained a referral to an attorney (preferably several), contact them to discuss the facts of your case. There are many matters you should discuss with your potential attorney including his/her qualifications, experience and success in pursuing claims such as yours.

Be prepared to discuss and negotiate regarding the attorney's fees. If the attorney is willing to accept the case on an hourly basis (where you pay the attorney by the hour for the work engaged in pursuing your claim), make sure you know the hourly rate that will be charged both for the attorney as well as other attorneys or paralegals who will assist. If the attorney is willing to take your case on a contingency fee basis (where you pay the attorney a percentage of any recovery obtained for you at the conclusion of your claim), be prepared to discuss and negotiate the percentage the attorney will accept.

If you are able to reach agreement with the attorney regarding compensation and communication, one of the remaining decisions for you to make is whether or not you feel this attorney is someone that you trust and you feel will do a good job for you. Remember, you must work with this attorney during the pendency of your claim. You should select an attorney that you have confidence in, that you feel you can confide in, someone you feel comfortable with. Don't feel obligated to hire an attorney simply because that attorney spends an hour discussing your case with you. Select an attorney who you believe you can communicate with and who appears to be willing and capable of providing you with quality service at a reasonable cost.

One day train ride and barbecue in Jacumba

Climb aboard the San Diego Railroad Museum vintage train for a nostalgic all-day trip to Jacumba.

The train will leave the Campo depot at 10 a.m. and travel east to Jacumba on the San Diego & Arizona Railway for a western barbecue with live entertainment.

Dates of departure are scheduled for Saturday, September 30 and Saturday, October 7.

Tickets are $60 per person and all proceeds benefit the San Diego Railroad Museum.

For more information, please call the Museum office at 233-7908.

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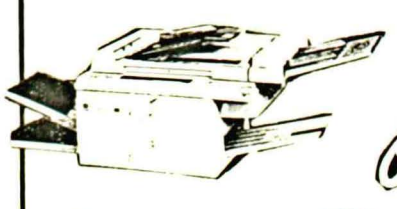

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Sports Commentary

By John E. Wirges

Coming up on deadline time, the Padres are still riding a long-shot just off the pace as they come roaring down the home stretch in the National League Western Division race.

The leader is a Northern California entry sent to the post by Al Rosen, with Roger Craig handling the reins. She's a big bay (what else), answers up to the name "Giants" and has been in the lead after the first few jumps out of the gate.

There are only a few jumps to go and it looks as if the Padres are going to run out of room before they can close the distance. As of now, the Padres have a chance. By the time you read this, it may be over. That's the way it is with races.

There's gonna be a winner. And there are gonna be a couple of entries that chased 'em hard right down to the wire. That's what adds the excitement to the challenge. That's what the race of life is all about. And sports are a reflection of life.

Sure there is going to be a winner. But that doesn't mean those who finished off the pace are losers.

Being in the race, giving it all you've got, gutting it out through pain and injury, asking no quarter and giving none, and never quitting on the team or on yourself; that makes each player a winner.

The Padres host the Giants this final weekend of the regular National League season. If the division title is still on the line, the action will be hard fought and full bore from 1st pitch to last. If the division race is over, the action will still be hard fought and full bore.

Padre manager Jack McKeon doesn't know any other way to play the game. That's what makes him such a winner. That's why the Padres will be rated among the top contenders right into the 21st century. And beyond. You can make book on that.

Players come, make the most of their careers, then step aside for stronger, newer talents. Faces change, but the game goes on. And season's end is always saddened by those hanging up their spikes for the last time.

There is hardly anything sad about Tim Flannery except his retirement from the game. Tim was fresh and young and full of fight right from the day he arrived. He never gave the game less than everything he had. He played anywhere he was asked and he was always ready. He may not have had great talent, but no one every doubted his great heart.

One of the great moments of his baseball life came when the Padres finally won the pennant in 1984.

Certainly another great memory came on July 11, 1983, when he belted his only career grand slam home run. It was also his first home run in San Diego Stadium. He got it off Chicago's Ferguson Jenkins, pacing the Padres to a 6-run 1st inning. The Padres hung on for a 6-5 win.

Any home run is the stuff of memories for Flan. He's only rapped out 9 of them in his entire 10-year career. But a "grand slammer!" That is something extra special.

The Padres are going to honor Timmy on Saturday night. Right along with "Fan Appreciation Night," the Padres are holding "Flan Appreciation Night."

More than 65 gifts will be given away to fans during the game, ranging from Chevrolet autos, to a 1990 road trip with the Padres, to dinners, cash and gift certificates.

Flannery will get his retirement gifts in ceremonies before the game.

The timing is great. It's his 32nd birthday.

Charles Whitehead leads Monarchs in upset victory

By Tim Boice

The Monte Vista Monarchs football team, led by fullback Charles Whitehead, came from behind to upset Bonita Vista 21-16 at Southwestern College last weekend.

Whitehead rushed 11 times for 93 yards scoring two touchdowns. The second TD came with just over two minutes left to go in the game to put the Monarchs on top to stay.

Trailing 10-7 at halftime, Monte Vista's Steve Ryan returned, the opening kickoff 95 yards to put the Monarchs ahead, but in the third quarter, Bonita Vista went back on top 16-14. The Crimson and Gold's winning drive was highlighted by a 45-yard reception by Mark Wilken before Whitehead rushed for the final touchdown.

Jubilant Monte Vista head coach Ed Carberry said, "This was a great come from behind win—back and forth, great for the spectators." The game was secured in the final seconds when defensive back, Jeff Keeley, intercepted a pass with the Barons trying to come back.

Monte Vista is now 2-1 on the season.

NBA action returns to San Diego

The National Basketball Association will return to San Diego on Thursday, October 12, when the Los Angeles Clippers meet the Seattle SuperSonics in pre-season competition. Tip off time is scheduled for 7:30 p.m.

"San Diego showed the NBA Board of Governors its support of exciting professional basketball when over 13,000 fans attended an all-star game last summer," said Vin Ciruzzi, president of the Sports Arena. "With this pre-season game we can keep the momentum going and perhaps land our own franchise by sending league officials a loud and clear message that we want the NBA back in San Diego. A sell-out crowd might just do that."

Tickets are available from the Sports Arena Box Office and all TicketMaster locations, or by phone by calling 278-TIXS. For more information, call 224-4171.

Healthy Gourmet presents 'Cholesterol Cutting Cookery'

The Healthy Gourmet cooking school at Grossmont Hospital will present a lesson in heart-healthy eating and meal preparation in a tastefully prepared class entitled, "Cholesterol Cutting Cookery," on Wednesday, October 11, at 6 p.m. The class will emphasize low-cholesterol foods prepared with cooking methods designed to achieve healthy weight control and optimal health. Also featured will be tips for restaurant dining. The class offers recipes, cooking demonstrations and samples for tasting. It will be held at Brier Patch Campus, 9000 Wakarusa Drive, La Mesa. The fee is $14 in advance; $16 at the door. Call 668-4250 for reservations.

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PUBLIC NOTICES

NOTICE OF APPLICATION FOR CHANGE IN OWNERSHIP OF ALCOHOLIC BEVERAGE LICENSE

To Whom It May Concern:
BAE, Chun S. is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at 7874-76 Broadway, Lemon Grove 92045 with On-Sale Beer & Wine Eating Place licenses.
Lemon Grove Review
September 28, 1989

NOTICE OF PETITION TO ADMINISTER ESTATE OF HAZEL N. GULLIKSON
Case Number: 150243

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: HAZEL N. GULLIKSON, HAZEL NEAT GULLIKSON

A PETITION has been filed by KAY D. MEHREN in the Superior Court of California, County of SAN DIEGO. The petition requests that KAY D. MEHREN be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on October 16, 1989 at 1:45 P.M. in Dept. F-5, located at 1501 Sixth Avenue, San Diego, CA 92101.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
JAMES GOODWIN
ATTORENY-AT-LAW
450 "B" STREET, SUITE 1750
SAN DIEGO, CALIF. 92101
JAMES GOODWIN
(SIGNATURE OF ATTORNEY FOR PETITIONER)
Lemon Grove Review
September 28, October 5 & 12, 1989

NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF LUISA CESENA, aka LUISA C. CESENA
Case Number: 149677

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: LUISA CESENA, aka LUISA C. CESENA

A PETITION has been filed by F.R. CESENA in the Superior Court of California, County of San Diego requesting that F.R. CESENA be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

A HEARING on the petition will be held on October 30, 1989 at 1:45 P.M. in Dept. F-5, located aT 1501-55 Sixth Avenue, San Diego, Ca. 92101.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
Morris Sankary, Esq.
4518 Vista de la Tierra
Del Mar, CA 92014
MORRIS SANKARY
(SIGNATURE OF ATTORNEY FOR PETITIONER)
Lemon Grove Review
September 28, October 5 & 12, 1989

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
New Assigned File No 89 19897

In reference to the activity doing business as:
MAAS NEW DIMENSION BEAUTY & BOUTIQUE
Located at: 1334 Main Street, Ramona, CA 92065.
The following registrants have abandoned use of the fictitious business name:
DEBORAH KAY MAAS
246 Haley St.
Ramona, CA 92065
and
WANDA L HARRIS
5962 Bertro Dr.
La Mesa, CA 92042
and
GENE D. MAAS
246 Haley St.
Ramona, CA 92065
and
GARVAN B. HARRIS
5962 Bertro Dr.
La Mesa, CA 92042
The fictitious business name referred to above was filed in San Diego County on 3-5-79 and was assigned File No. --.
Signature of registrant:
WANDA L. HARRIS
Wanda L. Harris
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 29, 1989.
Lemon Grove Review
September 7, 14, 21 & 28, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No 89 20372

The Name of the Business:
HAWAIIAN BOOKING AGENCY
located at: 8456 Palm Ave. in Lemon Grove, CA 92045 is hereby registered by the following owners:
MAX FERDINAND WOLFGRAMM
8456 Palm Ave.
Lemon Grove, CA 92045
This business is conducted by: an Individual.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
MAX WOLFGRAMM
Max Wolfgramm
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on September 5, 1989.
Lemon Grove Review
Sept. 7, 14, 21 & 28, 1989

PUBLIC NOTICES

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No 89 22046
The Name of the Business:
ARGOSY
located at: 1045 Novara Street in San Diego, CA 92107 is hereby registered by the following owners:
FRANK VICINO
1045 Novara Street
San Diego, CA 92107
and
BYARS VICINO
1045 Novara Street
San Diego, CA 92107
This business is conducted by: Individuals–Husband and Wife.
The registrant commenced the transaction of business on: September 1, 1989.
Signature of Registrant:
FRANK VICINO
Frank Vicino
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on September 26, 1989.
Lemon Grove Review
September 28, Oct. 5, 12 & 19, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No 89 20371
The Name of the Business:
THE NAIL SALOON
located at: 7544 San Miguel Avenue in Lemon Grove, CA 92045 is hereby registered by the following owners:
LYNDA LEE JONES
7544 San Miguel Avenue
Lemon Grove, CA 92045
This business is conducted by: an Individual.
The registrant commenced the transaction of business on: September 1, 1989
Signature of Registrant:
LYNDA L. JONES
Lynda L. Jones
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on September 5, 1989.
Lemon Grove Review
Sept. 7, 14, 21 & 28, 1989

144410
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED DECEMBER 27, 1986. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
NOTICE OF TRUSTEE'S SALE NO. 116398
On OCTOBER 06, 1989, AT 12:30 P.M. AT THE MAIN ENTRANCE TO THE CITY HALL, 704 THIRD ST. in the City of OCEANSIDE, County of SAN DIEGO State of California, CALIFORNIA RECONVEYANCE COMPANY, a California Corporation, as duly appointed Trustee under that certain deed of trust executed by DONALD D. ANDERSON, AN UNMARRIED MAN recorded on December 31, 1986, as Instrument No. 86-623553, in Book --, Page --, of Official Records of SAN DIEGO County, State of California, under the power of sale therein contained, will sell at public auction to the highest bidder for cash, or check as described below, payable at the time of sale in lawful money of the United States of America, without warranty express or implied as to title, use, possession or encumbrances, all right, title and interest now held by it as such Trustee in and to the following described property situated in the aforesaid County and State, to wit:

THE NORTHERLY 120 FEET OF LOT 28 OF SONKA URBAN HEIGHTS, ACCORDING TO MAP THEREOF NO. 2351, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, SEPTEMBER 19, 1946.

The total amount of the unpaid principal balance, interest thereon, together with reasonably estimated costs, expenses and advances at the time of the initial publication of this Notice are $108,873.89.
Currently dated Cashiers Checks or Certified Checks payable to the Trustee or bidder are acceptable to Trustee provided proper identification is available.
From information which the Trustee deems reliable, but for which Trustee makes no representation or warranty, the street address(es) or other common designation of the above described property is:
6641 MACARTHUR DRIVE
LEMON GROVE, CA 92077
Said property is being sold for the purpose of paying the obligations secured by said Deed of Trust including fees and expenses of the Trustee and of Sale.
Dated AUGUST 23, 1989
CALIFORNIA RECONVEYANCE COMPANY, as said Trustee
By Suzanne Kelly, Executive Vice President
Address of Trustee: 9451 Corbin Avenue
Northridge, California 91324
Telephone Number: (818) 775-2575
Lemon Grove Review
September 14, 21 & 28, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 20760
The Name of the Business:
OMAR'S OLD FASHIONED BUTCHER SHOP
located at: 2300 Fletcher Parkway in El Cajon, CA 92020 is hereby registered by the following owner:
CAROLE A. TRIMBLE
5109 Fontaine St. #213
San Diego, CA 92120
and
ROBERT G. TRIMBLE
5109 Fontaine St. #213
San Diego, CA 92120
This business is conducted by: Individuals—Husband and Wife.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
CAROLE A. TRIMBLE
Carole A. Trimble
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on September 8, 1989.
Lemon Grove Review
September 14, 21, 28 & Oct. 5, 1989

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED MARCH 16, 1989. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
NOTICE OF TRUSTEE'S SALE T.S. No. 52620
NOTICE IS HEREBY GIVEN, that on Friday, October 6, 1989, at 10:00 o'clock a.m. of said day, on the steps outside of and adjacent to the South (Ash Street) entrance to the San Diego County Administrative Center Building, located at 1600 Pacific Highway, in the City of San Diego, County of San Diego, State of California, SOUTHWESTERN RECONVEYANCE CORPORATION, a California corporation, as duly appointed Trustee under and pursuant to the power of sale conferred in that certain Deed of Trust executed by David McCann, an unmarried man, recorded March 23, 1989, in the office of the County Recorder of said County, as Recorder's Instrument No. 89-146673, by reason of a breach or default in payment or performance of the obligations secured thereby, including that breach or default, Notice of which was recorded June 2, 1989, as Recorder's Instrument No. 89-292361, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, lawful money of the United States, or a cashier's check drawn on any bank, credit union, or savings and loan association domiciled in this state, all payable at the time of sale, all right, title and interest held by it, as Trustee, in that real property situated in said County and State, described as follows:

PARCEL 1:
THE SOUTHERLY 60 FEET OF THE NORTHERLY 168 FEET OF LOT 1 OF GOODLAND ACRES, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO THE MAP THEREOF NO. 1685, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, JUNE 6, 1916.
EXCEPTING THEREFROM THAT PORTION CONVEYED TO THE COUNTY OF SAN DIEGO, BY DEED RECORDED MARCH 20, 1964, SERIES 5, BOOK 1964, AS FILE/PAGE NO. 51442 OF OFFICIAL RECORDS.

PARCEL 2:
THAT PORTION OF THE SOUTHERLY 60 FEET OF THE NORTHERLY 168 FEET OF LOT 2 OF GOODLAND ACRES, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO THE MAP THEREOF NO. 1685, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, JUNE 6, 1916, WHICH LIES WESTERLY OF A LINE WHICH IS PARALLEL WITH AND 140 FEET EASTERLY AT RIGHT ANGLES FROM THE WESTERLY LINE OF LOT 1 OF SAID GOODLANDS ACRES.

The street address and other common designation of the real property hereinabove described is purported to be: 3145 Sweetwater Road, Lemon Grove, California.
The undersigned disclaims all liability for any incorrectness in said street address or other common designation.
Said sale will be made without warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the unpaid obligations secured by said Deed of Trust, with interest and other sums as provided therein; plus advances, if any, thereunder and interest thereon; and plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of said obligations, at the time of initial publication of this Notice, is $12,572.49.
Dated: September 6, 1989
SOUTHWESTERN RECONVEYANCE CORPORATION,
a California corporation, as Trustee
By: REAL ESTATE SECURITIES SERVICE,
a California corporation, Its Agent
By: D. J. MORGER
(SEAL) D. J. Morger, its President
1800 North Broadway, Suite 100, Santa Ana, CA 92706
Telephone (714) 953-6810
Lemon Grove Review
Sept. 14, 21 & 28, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 20925
The Name of the Business:
WHITE KNIGHT PAINTING
located at: 1476 Morena Blvd. in San Diego 92110 is hereby registered by the following owner:
CURTIS HILL KNIGHT
3431 Hasty St.
San Diego, CA 92115
This business is conducted by: an Individual.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
CURTIS KNIGHT
Curtis Knight
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on September 12, 1989
Lemon Grove Review
September 14, 21, 28 & Oct. 5, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 21234
The Name of the Business:
BATH-CO SHOWER DOOR
located at: 651 Vernon Way in El Cajon, Calif. 92021 is hereby registered by the following owner:
EDDIE WEBSTER
10885 Broken Wheel Rd.
Lakeside, CA 92040
and
LINDA WEBSTER
10885 Broken Wheel Rd.
Lakeside, CA 92040
This business is conducted by: Individuals—Husband and Wife.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
EDDIE WEBSTER
Eddie Webster
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on September 15, 1989.
Lemon Grove Review
September 21, 28, Oct. 5 & 13, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 19740
The Name of the Business:
NEW DIMENSION BEAUTY & BOUTIQUE
located at: 1334 Main St. in Ramona, CA 92065 is hereby registered by the following owner:
GEORGIA RUTH FOLGER
2436 San Diego Ave.
Ramona, CA 92065
and
NANCY C. SCHMIDT
1635 "H" Street
Ramona, CA 92065
This business is conducted by: a General Partnership.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
GEORGIA R. FOLGER
Georgia R. Folger
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 28, 1989.
Lemon Grove Review
September 14, 21, 28 & Oct. 5, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 20849
The Name of the Business:
SOUND IDEA PRODUCTIONS
located at: 8160 Braddock Place in San Diego, CA 92104 is hereby registered by the following owner:
GRADY L. SVOBODA
8160 Braddock Place
San Diego, CA 92104
This business is conducted by: an Individual.
The registrant commenced the transaction of business on: 9/11/89.
Signature of Registrant:
GRADY L. SVOBODA
Grady L. Svoboda
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on September 11, 1989.
Lemon Grove Review
September 21, 28, Oct. 5 & 13, 1989

144821
TITLE ORDER NO. 399209
TRUSTEE SALE NO. HOE-2405/GW
REFERENCE NO. 441-107199-2
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/07/79. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
On 10/20/89 at 12:30 P.M., EQUITABLE DEED COMPANY as the duly appointed Trustee under and pursuant to Deed of Trust, Recorded on 05/16/79 as Document No. 79-201963 Book 1979 Page 2186 Of Official Records in the office of the Recorder of SAN DIEGO County, California, executed by: MITCHELL V. MCKILLIP, as Trustor. SECURITY PACIFIC NATIONAL BANK, A NATIONAL BANKING ASSOCIATION, as Beneficiary WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at time of sale in lawful money of the United States, by cash, a cahier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state.) At:
THE MAIN ENTRANCE TO THE CITY HALL, 704 THIRD STREET, OCEANSIDE, CA 92045
all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California, describing the land therein:

LOT 157, HILLDALE, MAP NO. 1566, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, RECORDED AS INSTRUMENT NO. 101869 IN BOOK NO. 7139, PAGE 141 OF OFFICIAL RECORDS, IN THE OFFICE OF THE COUNTY RECORDED OF SAN DIEGO COUNTY, CALIFORNIA. SAID LAND IS ALSO KNOWN BY THE SAN DIEGO COUNTY TAX ASSESSOR AS 1902 ENSENADA ST.

The street address and other common designation, if any, of the real property described above is purported to be
1902 ENSENADA STREET
LEMON GROVE, CA 92045
The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest theron, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: $5,804.63 Estimated. Accrued interest and additional advances if any, will increase this figure prior to sale.
The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation.
DATE: 09/13/89
EQUITABLE DEED COMPANY, AS TRUSTEE
Trust Deed Unit GT-121
701 S. Western Avenue, Glendale, CA 91201, (818) 507-3210
Lourdes Garcia
LOURDES GARCIA,
VICE PRESIDENT
Lemon Grove Review
September 21, 28 & October 5, 1989

TITLE ORDER NO. 601191-6
TRUSTEE SALE NO. 819133
Reference: 11-8906-0023
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 02/27/89 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
On 10/11/89 at 1:00 P.M., STATEWIDE FORECLOSURE SERVICES as the duly appointed Trustee under and pursuant to Deed of Trust, Recorded on 04/19/89 as Document No. 89-205186 Book , Page , of Official Records in the office of the Recorder of SAN DIEGO County, California, executed by The Village at Lemon Grove, a California Limited Partnership WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at time of sale in lawful money of the United States) at:
THE ENTRANCE TO COUNTY COURTHOUSE, 220 WEST BROADWAY, SAN DIEGO, CA
all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein:

Lot 5 and the Westerly Half of Lot 4, in Block 2 of FRANCES TRACT, being a subdivision of the East 727 acres of Lot 12, Subdivision no. 3 of Lot 12 of the Partition of Rancho Mission of San Diego, according to Map thereof No. 1253, filed in the Office of the County Recorder, April 26, 1910, (which corrected Map filed August 6, 1909).

EXCEPTING THEREFROM, the Lemon Avenue Street Dedication as described as THAT PORTION OF LOT 3 OF LAKESIDE HEIGHTS, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 751, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY ON MAY 8, 1893, LYING SOUTHERLY AND WESTERLY OF LOT 1 OF WINTERGARDEN TERRACE, ACCORDING TO MAP THEREOF NO. 6308, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, FEBRUARY 27, 1969, AND NORTHERLY OF LOT 1 OF WINTERGARDEN GREEN, ACCORDING TO MAP THEREOF NO. 7022, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY ON AUGUST 11, 1971, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA.

The street address and other common designation, if any, of the real property described above is purported to be:
Vacant Lot--Located off of Lemon Avenue, Lemon Grove, CA
The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.
Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: $18,541.41.
The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.
DATE: 09/18/89
H45330
STATEWIDE GROUP, INC. dba/ STATEWIDE FORECLOSURE SERVICES
JENNIFER MCCAULEY
Jennifer McCauley, Vice President
4540 Kearney Villa Rd., #114
San Diego, CA 92123
(619) 571-7862
Lemon Grove Review
September 21, 28 & October 5, 1989

NOTICE OF PETITION TO ADMINISTER ESTATE OF EVELYN R. McCABE
Case Number: 150213
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: EVELYN R. McCABE
A PETITION has been filed by FRANK L. McCABE in the Superior Court of California, County of San Diego requesting that FRANK L. McCABE be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on October 16, 1989 at 1:45 P.M. in Dept. F-5, located at 1501-55 Sixth Avenue, San Diego, CA 92101.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.
Attorney for petitioner:
WALLACE D. DORMAN
7309 Broadway
Lemon Grove, CA 92045
WALLACE D. DORMAN
(SIGNATURE OF ATTORNEY FOR PETITIONER) AT LEMON GROVE, CALIFORNIA.
Lemon Grove Review
September 21, 28 & October 5, 1989

TITLE ORDER NO. 601211-6
TRUSTEE SALE NO. 819132
Reference: 11-8906-0104
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 02/13/89 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
On 10/18/89 at 1:00 P.M., STATEWIDE FORECLOSURE SERVICES as the duly appointed Trustee under and pursuant to Deed of Trust, Recorded on 03/03/89 as Document No. 89-112628 Book , Page , of Official Records in the office of the Recorder of SAN DIEGO County, California, executed by THE VILLAGE AT LEMON GROVE, a California Limited Partnership WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at time of sale in lawful money of the United States) at:
ENTRANCE TO COUNTY COURTHOUSE, 220 WEST BROADWAY, SAN DIEGO, CA
all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein:

Lot 5 and the Westerly Half of Lot 4, in Block 2 of FRANCES TRACT, being a subdivision of the East 727 acres of Lot 12, Subdivision No. 3 of Lot 12 of the Partition of Rancho Mission of San Diego, according to Map thereof No. 1253, filed in the Office of the County Recorder, April 26, 1910 (which corrected Map filed August 6, 1909).
EXCEPTING THEREFROM that portion as granted in Deed to the City of Lemon Grove recorded November 22, 1988 as File No. 88-600633 of Official Records, more particularly described as follows:
COMMENCING at the TRUE POINT OF BEGINNING being the Northwest corner of said Lot 5, said point also being on the South line of Lemon Avenue; thence South 0°30'20" West along the Westerly line of said Lot 5, 20.17 feet to a point on a 48.00 foot radius curve whose center bears North 61°32'56" East, thence Easterly along said curve through a central angle of 133°37'43" a distance of 111.95 feet to the point of a 20.00 foot radius compound reverse curve whose center bears South 72°04'47" East, thence Easterly along said curve through a central angle of 71°07'25" a distance of 24.83 feet to a point on the North line of said Lot 4 being 106.41 feet from the Point of Beginning, thence South 89°02'38" West along the Southerly line of Lemon Avenue 106.41 feet to the TRUE POINT OF BEGINNING.

The street address and other common designation, if any, of the real property described above is purported to be:
VACANT LAND--Located off of Lemon Avenue, Lemon Grove, CA
The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.
Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: $90,037.74.
The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.
DATE: 09/21/89
H45396
STATEWIDE GROUP, INC. dba/ STATEWIDE FORECLOSURE SERVICES
JENNIFER MCCAULEY
Jennifer McCauley, Vice President
4540 Kearney Villa Rd., #114
San Diego, CA 92123
(619) 571-7862
Lemon Grove Review
September 28, October 5 & 12, 1989

Fictitious Business Names
BY MAIL!
Now you can renew your Fictitious Business Name Statement (or file a new one) without interrupting your busy day. The *Lemon Grove Review* and the *Spring Valley Bulletin* will mail you the forms to complete at your convenience, and you can complete the process by returning the forms by mail or in person.
Call 469-0101 to have forms sent to you. Remember, you must renew your Fictitious Business Name every five years.

WANTED
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Experienced or just plain willing to learn. Full-time or Part-time. Ideal for retirees, college students, or homemakers who want to set their own schedules. If you have a pleasant personality and the desire, we'll train you to be successful. Several open territories–apply now and you may choose where you want to work. Call 469-0101 for more information.
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7834 Lester Avenue
Lemon Grove, CA
92045

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Accounting • Bookkeeping • Individual, Partnership, Corporate Income Taxes • Consulting

Automotive Repairs

Guaranteed Brake & Muffler
"Our name says it all..."
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Dance Orchestras

THE FOUR "HART-BEATS"
Bouncy Music of the 40's
YOU'LL LOVE IT!
References
FRED HART 449-4979

Disposal

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6670 Federal Blvd.
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Suite G
Spring Valley, CA 92078
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A good place for friends & family while in town.
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20 Years Experience
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Custom Painting.
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460-1963

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Letter-Kraft Printing
3135 Lemon Grove Ave.
Lemon Grove
463-6601

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Eva Berry
Century 21/Pearce Realty
7779 Broadway
Lemon Grove • 463-6625

Shoe Repair

Lee's Shoe Repair
9731 1/2 Campo Rd.
Spring Valley
464-9807

Stationers

Marder's Stationers
7939 Broadway
Lemon Grove
469-4386

Storage

Records, Personal, and Inventory
LEMON GROVE SELF STORAGE
(619) 469-6166

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Lemon Grove's
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Travel Agency
Pa-Lantic
Travel Service
7735 Pacific Ave.
Lemon Grove
466-9999

Horizon Travel
6529 University Ave.
San Diego, CA 92115
287-8880

Casa de Oro Travel
9768 Campo Rd.
Spring Valley, CA 92077
461-8222

Video Taping Weddings

Memories On Video
Wayne R. Buttron
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By Advertising in the Service Directory:
4 Weeks – $36.00 13 Weeks – $96.00 52 Weeks – $300.00
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announcements

GIVE THE GIFT OF LIFE - Help a childless couple become a family. Carry a child for an infertile couple. Previous childbirth required. Please call 1-800-447-6219.

WEIGHT LOSS - Safe, rapid weight loss (3-5 lbs. wk). Phys. Recom. Debbie 470-3243.

SPRING VALLEY Arts & Crafts Club Show October 1, 9-3 p.m. Corner of Campo Rd. & Conrad in Casa de Oro.

automobiles

CA$H FOR CAR$ or Truck$. Running. $500. 264-8726.

business opportunities

DIET & GROW RICH!!! Debbie 470-3243.

OWN YOUR OWN APPAREL OR SHOE STORE. CHOOSE FROM: JEAN/SPORTSWEAR, LADIES, MEN'S, CHILDREN/MATERNITY, LARGE SIZES, PETITE, DANCEWEAR/AEROBIC, BRIDAL, LINGERIE OR ACCESSORIES STORE. ADD COLOR ANALYSIS. BRAND NAMES: LIZ CLAIBORNE, HEALTHTEX, BONNIE & BILL, ST. MICHELE, FORENZA, BUGLE BOY, LEVI, CAMP BEVERLY HILLS, LESLIE FAYE, LUCIA, OVER 2000 OTHERS. OR $13.99 ONE PRICE DESIGNER, MULTI TIER PRICING DISCOUNT OR FAMILY SHOE STORE. RETAIL PRICES UNBELIEVABLE FOR TOP QUALITY SHOES NORMALLY PRICED FROM $19. TO $60. OVER 250 BRANDS, 2600 STYLES. $18,900 TO $29,900. INVENTORY, TRAINING, FIXTURES, AIRFARE, GRAND OPENING, ETC. CAN OPEN 15 DAYS. MR. LOUGHLIN (612) 888-4228.

employment

$350 / DAY processing phone orders! People call you. No experience. Call (refundable) 1-315-733-6063, Extension P-341.

EARN MONEY reading books! $30,000/yr. income potential. Details. 1-805-687-6000 ext. Y-1285.

HOME WORK – SPARE TIME Paint lovely miniature toys, earn $20 set. No experience necessary. Amazing recorded message reveals details. Call anytime 1-900-456-4567, Ext. 6687 (cost $1 minute).

$350 A DAY! Processing phone orders. People call you! No experience necessary. Call (Refundable) 518-459-8697 EXT. K2945.

WANTED - MATURE COUPLE as relief manager for self-storage facility. Call 469-6166 Tuesday thru Saturday for appointment.

!!OWN YOUR OWN BUSINESS!! All top quality. The latest up to date clothing & shoes available. Full figure, misses, junior, & children. Includes fixtures, inventory, & training. $14,9000 to $29,900 call 404-956-0695 The Fashion Image.

SUBWAY SANDWICHES needs day & night help. Flexible hours. Apply in person. 6971 Broadway, Lemon Grove.

EARN $7.75 HR. - We need assistance in evaluating and responding to daily work submitted by our agents throughout the state. No experience necessary; Paid to complete training. Work at home. For information send self-addressed, stamped envelope, 9 1/2 inches long to: AWGA, Dept. E, Box 161189, Atlanta, GA 30321.

HELP WANTED! SALES - Looking for energetic people interested in earning potential equal to your own ambition. Exciting revolutionary product will be one of top-selling Christmas items for 1989. Call for screening interview M-F 9 a.m.-3 p.m. Ask for Jean - (619) 589-7737.

ATTENTION: EARN MONEY READING BOOKS! $32,000/year income potential. Details. 1-602-838-8885 Ext. Bk 3020.

WRITERS, PHOTOGRAPHERS, FREELANCE. Small weeklies in East County need your assistance. Call 469-0101 for info.

EARN MONEY typing at home. $30,000/year income potential. Details 1-805-687-6000 ext. B-1285.

ATTENTION - HIRING! Government jobs - your area. $17,840 - $69,485. Call 1-602-838-8885. Ext. R3020.

real estate

GOVERNMENT HOMES From $1.00 (U-repair). Foreclosures, Repos, Tax Delinquent Properties. **Now Selling This Area!** Call (Refundable) 1-315-733-6064 Ext. G341 **For Current Listings.**

7 UNITS - LEMON GROVE AREA - EXCELLENT RENTAL - 5- 2Br/1.5Ba townhouses plus duplex. Large lot in quiet residential area. Only $425,000 OWC. Rod Aries, ext 121. ACI INVESTMENTS (619) 299-3000.

LG. 1 BDRM., 1BATH condo in well-established complex with high owner occupancy. Nicely landscaped in safe, secure part of L.M. Owner very motivated. 58,900. Agent 451-6558.

GOVERNMENT HOMES from $1.00. U Repair. Also tax delinquent properties. Call 805-644-9533, Ext. 1089 for current repo list.

WANTED - LEMON GROVE home, Jerry at 466-9999, Principals only.

for rent

SAN CARLOS STUDIO - Spacious, furn. 15' closet-mirrored, patio, security iron doors, cable, micro, ref., util. pd. except phone. 583-2807

EL CAJON, $510.00. Spacious 2 BD/2 BA, new dishwasher, frost-free refrg., A/C, pool. Walk to downtown. No pets. 225 Taft Ave. 579-6517.

LA MESA OFFICE - 10x10. For rent $150 a month. Additional space avail. Call 697-6868.

1 BED RM., Senior Cit., No smoke. Sect. 8 OK. Clean, quiet. Near Trolley, Lucky's Lemon Grove. 463-5845.

$850 PLUS SECURITY, Lemon Grove 3 BR home, plus country-style kitchen, plus family room, plus living room with fireplace. Huge backyard/ lots of fruit trees, plus 2 extra storage bldgs., quiet neighborhood, available per mutual agreement. Call Dave 755-3499, 24 hours.

LA MESA 1-2 BR, $410-$485. Electric paid, pool, appliances, laundry, cat OK. Agent/223-2425.

services

ADVERTISING/MARKETING - Agency exp., freelance $. Chris Duffey 461-2731.

I WILL BABYSIT your children. Any ages, day, night, overnight. Malika 472-5707.

BOOKKEEPING/TYPING/POSTING for small business or individual. Accurate - reasonable. Pickup and delivery can be arranged. 276-0216 or 582-2064.

COMMERCIAL REMODELING and Construction. All phases. Jon Ren Cleaning Service (Licensed & bonded). 441-9437 / 286-3123.

COMPANION/ AIDE to female. Excellent references. 461-3659.

HOUSE CLEANER - Reliable, references. Call SUE 670-0326.

PAINTER. Int./Ext. Fast, neat custom painting. Reasonable, prompt free estimate. 466-1394.

WRITER - Ads/promos/newsletters/ letters/scripts/articles & more. Fast/ professional/reasonable. C. Duffey 461-2731.

wanted

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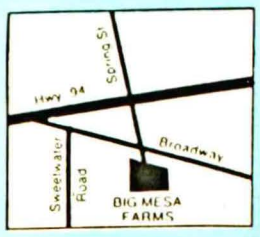

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"The Friendly Store"

WE CASH W.I.C. VOUCHERS AND ACCEPT FOOD STAMPS. CHECKS CASHED WITH I.D.
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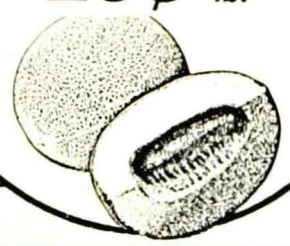
FRESH CANTALOUPE 25¢ lb.



OAT BRAN 99¢ lb.

SWISS MILK $1.99 gal.
Low Fat or Homogenized

COUPON MADNESS

COUPON
LARGE AA
EGGS

1 Dozen
99¢ Limit 2
w/out coupon 1.84
Big Mesa Farms • Expires 10-4-89

PEPSI

DIET PEPSI, SLICE, DIET SLICE, MUG ROOT BEER, MTN. DEW
6 Pack 12 oz. Cans **$1.79**
2 Litre Assorted Varieties **$1.29**

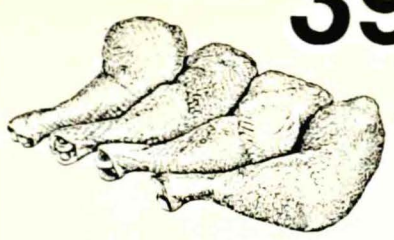
COUPON
ASSORTED VARIETIES
COKE

6 pack, 12 oz. cans
$1.99
2 Litre.....$1.49
Big Mesa Farms • Expires 10-4-89

COUPON
KRAFT
MACARONI & CHEESE
7 1/4 oz
3 for $1
Limit 3 • w/out coupon 59¢ ea.
Big Mesa Farms • Expires 10-4-89

MEAT

CHICKEN LEG QUARTERS
While Supplies Last **39¢ lb.**



DELI

COLUMBIA
BACON
89¢ lb.

FAMILY PRIDE
CREAM CHEESE 8 oz.
$1.19

MILD OR JACK
CHEESE
$1.99 lb.

COUPON
GROCER'S PRIDE
BATHROOM TISSUE 69¢
4 Pack
Limit 6 • w/out coupon 99¢
Big Mesa Farms • Expires 10-4-89

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RED SEEDLESS
GRAPES
59¢ lb.

BANANAS
4 lbs. for $1.00

GRANNY SMITH
APPLES 39¢ lb.

MORE SPECIALS

SPRINGFIELD
ORANGE JUICE 12 oz. **$1.29**

OUR SPECIAL VALUE
FRENCH FRIED POTATOES 99¢ 2 lb.

SWISS
ICE CREAM $2.29
1/2 Gallon • Assorted Flavors

BELL BRAND
TWIN JUMBO PACK 11 oz.
POTATO CHIPS 99¢